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The Bible says in everything give thanks. It doesn't say for everything give thanks.”

**YPJ**



**Bible Verses:**

Matthew 26:39

Matthew 5:45

1 Thessalonians 5:18

*“And going a little farther he fell on his face and prayed, saying, ‘My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.’”*

Matthew 26:39



**Session 1:**

Hardship doesn’t discriminate. On this side of heaven, we’ll all encounter trials and tribulations. So how do we continue to pour ourselves out in ministry when we feel like we have nothing left to give? Sometimes, the answer is to step back and heal. But there are also seasons when God calls us to keep being engaged - not because He wants to wear us down but because He wants to lift us up. Pastor YPJ digs into this concept more over the course of the next module.

*“In that moment, God spoke to me and said your wounds and your brokenness have now qualified you to feel and sense the hearts of what people really go through.”*

01

What do you think when you know someone is walking through hardship and you see them serving anyway?

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02

How have you adopted the nevertheless mentality in your own life?

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03

Do you think it’s fair for God to ask us to give thanks in all things? Why or why not?

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04

How do you want to grow in this area of gratitude?

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**NEXT STEPS:**

Send a word of encouragement to someone on your team or in your church body who needs a reminder that they’re cared for. You can also think of practical ways to be a blessing to people around you. You might just find that taking the time to consider another person’s suffering brings clarity to your own struggles.